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Allegany-Limestone Central School 002 - ALLEGANY-LIMESTONE ELEMENTARY T "3" COMPONENTS ARE NEEDED FOR A COMPONENTS.

Apr 9, 2025

AT LEAST "3" COMPONENTS ARE NEEDED FOR A COMPLETE MEAL***1st MEAL FREE **MUST TAKE FRUIT OR VEGETABLE**

2nd MEAL \$2.75***

Monday	Tuesday	2nd MEAL \$2.75*** Wednesday	Thursday	Friday
			May - 1 BREAKFAST BREAKS BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety FRESH FRUIT	May - 2 CINNAMON ROLL BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
May - 5	May - 6	May - 7	May - 8	May - 9
CHURRO -RASP or APPLE BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST.	MINI WAFFLES maple BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	FRENCH TOAST w/sausage BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	" NEW ITEM " BREAKFAST SCRAMBLER BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	CINNAMON ROLL BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
May - 12	May - 13	May - 14	May - 15	May - 16
BREAKFAST BARS-ASST BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	" NEW ITEM " MUFFIN cinn toast & trix BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST.	FRENCH TOAST w/sausage BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST.	" NEW ITEM " BREAKFAST ROUNDS BANANA CHOC/ APPLE CINN. BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	CINNAMON ROLL BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST
May - 19	May - 20	May - 21	May - 22	May - 23
MINI WAFFLES maple BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST. FRESH FRUIT	BREAKFAST ON A STICK BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST JUICE,ASST. Milk Variety	FRENCH TOAST w/sausage BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	BREAKFAST BREAKS BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT FRUIT ASST JUICE,ASST. Milk Variety	NO SCHOOL TODAY

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.

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Apr 9, 2025

2nd MFAL \$2.75***

Monday	Tuesday	Wednesday	Thursday	Friday
May - 26	May - 27	May - 28	May - 29	May - 30
HOLIDAY	DONUTS RINGS wg BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST.	FRENCH TOAST w/sausage BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRUIT ASST Milk Variety JUICE,ASST.	CROSSIANT EGG & CHEESE BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST	CINNAMON ROLL BAGELS,PLAIN, TRIX YOGURT w/ granola 25%less GENERAL MILLS CEREALS ASST TOAST-2 slices FRESH FRUIT Milk Variety JUICE,ASST. FRUIT ASST

^{***}THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER***

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data.