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Allegany-Limestone Central School 001 - ALLEGANY-LIMESTONE HIGH SCHOOL AT LEAST 3 COMPONENTS NEEDED FOR A COMPLETE MEAL**1st MEAL FREE *MUST TAKE A FRUIT and/or VEGGIE**\$3.55 2nd meal.

Apr 9, 2025

Monday	EAL FREE *MUST TA Tuesday	Wednesday	Thursday	Friday
monuay	ruoduay	mounosuay	May - 1	May - 2
			TOASTED CHEESE SEASONED GREEN BEANS VEGGIE/SALAD BAR CHILLED PEACHES FRESH FRUIT Milk Variety TOMATO SOUP	QUESADILLA CARROT COINS VEGGIE/SALAD BAR CHILLED MIXED FRUIT FRESH FRUIT Milk Variety
May - 5	May - 6	May - 7	May - 8	May - 9
HOT DOG ON A BUN GOLDEN TATER TOTS VEGGIE/SALAD BAR CHILLED APPLESAUCE FRESH FRUIT Milk Variety CHICKEN NOODLE SOUP	WALKING TACO W/ LETTUCE & TOMATO CUP BAKED BEANS VEGGIE/SALAD BAR CHILLED PEARS FRESH FRUIT Milk Variety BROCCOLI CH SOUP	HAM & CHEESE ON A TOASTED PRETZEL ROLL SWEET CORN VEGGIE/SALAD BAR CHILLED PEACHES FRESH FRUIT Milk Variety GR.PEPPER SOUP	OVEN FRIED CHICKEN w/ DINNER ROLL VEGGIE/SALAD BAR MASHED POTATOES SEASONED GREEN BEANS CHILLED PINEAPPLE FRESH FRUIT Milk Variety	CHEESY BREAD STIX's w/dipping sauce CARROT COINS VEGGIE/SALAD BAR CHILLED PEARS FRESH FRUIT Milk Variety
May - 12	May - 13	May - 14	May - 15	May - 16
CRISPY CHICK TENDERS /w MUFFIN OVEN FRIES VEGGIE/SALAD BAR CHILLED APPLESAUCE FRESH FRUIT Milk Variety BROCCOLI CH SOUP	SOUTHWESTERN BOWL BAKED BEANS VEGGIE/SALAD BAR CHILLED PEARS FRESH FRUIT Milk Variety CH.BURGER SOUP	MACARONI & CHEESE SEASONED GREEN BEANS VEGGIE/SALAD BAR MANDARIN ORANGES FRESH FRUIT Milk Variety VEG. BEEF BARLEY SOUP	BR. PORK CHOP ROLL DINNER ROLL MASHED POTATOES SWEET CORN VEGGIE/SALAD BAR CHILLED PEACHES FRESH FRUIT Milk Variety	MOZZARELLA STICKS w/ sauce & muffin MUFFINS STEAMED BROCCOLI VEGGIE/SALAD BAR CHILLED MIXED FRUIT FRESH FRUIT Milk Variety
May - 19	May - 20	May - 21	May - 22	May - 23
CHICKEN PATTY ON WG BUN OVEN FRIES VEGGIE/SALAD BAR CHILLED APPLESAUCE FRESH FRUIT Milk Variety BROCCOLI CH SOUP	TACO soft shell VEGETABLE FRIED RICE wg BAKED BEANS VEGGIE/SALAD BAR CHILLED PEARS FRESH FRUIT Milk Variety CHILI CON CARNE	***BRUNCH FOR LUNCH*** FRENCH TOAST STICKS SAUSAGE LINKS GOLDEN TATER TOTS VEGGIE/SALAD BAR JUICE,ASST. FRESH FRUIT Milk Variety	BUFFALO CHICKEN PIZZA CARROT COINS VEGGIE/SALAD BAR CHILLED MIXED FRUIT FRESH FRUIT Milk Variety	NO SCHOOL TODAY
May - 26	May - 27	May - 28	May - 29	May - 30
HOLIDAY	NACHOS W/ BEEF & CHEESE BAKED BEANS VEGGIE/SALAD BAR CHILLED APPLESAUCE FRESH FRUIT Milk Variety CHILI CON CARNE	CHICKEN FAJITA WRAP w/roasted peppers &onion CALIFORNIA MIXED VEGGIES VEGGIE/SALAD BAR CHILLED PEACHES FRESH FRUIT Milk Variety	HONEY BBQ RIBS w/ DINNER ROLL MASHED POTATOES CARROT COINS VEGGIE/SALAD BAR CHILLED MIXED FRUIT FRESH FRUIT Milk Variety	PIZZA LOGS w/ roll & marinara sauce SWEET CORN VEGGIE/SALAD BAR CHILLED PEARS FRESH FRUIT Milk Variety

CHOICE OF: HAM*TURKEY*EGG*CHICKEN* TUNA SALAD* WRAP,*SAND.*,SUB.* PIZZA* PBJ* BOX SALADS* VEGGIE BAR, PARFAITS, FRESH HOMEMADE SOUPS

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient. * - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.