

Allegheny-Limestone Central School

AT LEAST "3" COMPONENTS NEEDED FOR A COMPLETE MEAL. 1ST MEAL FREE* 2ND MEAL \$3.20***MUST TAKE A FRUIT AND/OR VEGETABLE*****

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 1 ***CHOOSE ONE ENTRE*** CHEESEBURGER ON ROLL UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** TEXAS BAKED BEANS CHILLED APPLESAUCE MILK - Variety	Mar - 2 ***CHOOSE ONE ENTRE*** BREADED PORK RIB PATTY UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** FLUFFY MASHED POTATOES CHILLED PEARS MILK - Variety	Mar - 3 ***CHOOSE ONE ENTRE*** HAM & CHEESE PRETZEL MEL UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** CANDIED CARROTS CHILLED PEACHES MILK - Variety	Mar - 4 ***CHOOSE ONE ENTRE*** FRENCH TOAST STICKS SAUSAGE LINKS UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** GOLDEN TATER TOTS JUICE,ASST. MILK - Variety	Mar - 5 ***CHOOSE ONE ENTRE*** MOZZARELLA STICKS w/ dipping sauce & MUFFIN UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** CELERY sticks w/pb dip CHILLED APPLESAUCE MILK - Variety
Mar - 8 ***CHOOSE ONE ENTRE*** MEATBALL SUB UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** BABY CARROTS w/dip CHILLED PEARS MILK - Variety	Mar - 9 ***CHOOSE ONE ENTRE*** POPCORN CHICKEN UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola SALAD PLATE -ASST. *** WITH ALL MEALS*** POTATO SMILES CHILLED APPLESAUCE MILK - Variety	Mar - 10 ***CHOOSE ONE ENTRE*** NACHOS W/ BEEF & CHEESE UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** TEXAS BAKED BEANS PEACHES,DICED,FROZ MILK - Variety	Mar - 11 ***CHOOSE ONE ENTRE*** DICED CHICKEN & GRAVY OVER WARM BISCUITS UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH YOGURT w/granola HAM / CHEESE SANDWICH TURKEY OR HAM SALAD *** WITH ALL MEALS*** FRESH CAULIFLOWER w/dip STRAWBERRIES MILK - Variety	Mar - 12 ***CHOOSE ONE ENTRE*** MAXI CHEESE STICKS w/dipping sauce UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** CELERY sticks w/pb dip CHILLED MIXED FRUIT MILK - Variety
Mar - 15 ***CHOOSE ONE ENTRE*** CHICKEN PATTY ON WG BUN UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** POTATO SMILES CHILLED APPLESAUCE MILK - Variety	Mar - 16 ***CHOOSE ONE ENTRE*** Soft shell TACO sour cream & salsa UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** SWEET CORN CHILLED PEARS MILK - Variety	Mar - 17 ***CHOOSE ONE ENTRE*** PIZZA UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** BABY CARROTS w/dip CHILLED MIXED FRUIT MILK - Variety	Mar - 18 ***CHOOSE ONE ENTRE*** HONEY BBQ RIBS w/ muffin UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH YOGURT w/granola HAM / CHEESE SANDWICH TURKEY OR HAM SALAD *** WITH ALL MEALS*** FLUFFY MASHED POTATOES CHILLED PEACHES MILK - Variety	Mar - 19 STAFF DEVELOPMENT DAY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Allegany-Limestone Central School

002 - ALLEGANY-LIMESTONE ELEMENTARY

Mar 5, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 22 ***CHOOSE ONE ENTRE*** PULLED PORK BBQ SANDWIC UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** POTATO SMILES STRAWBERRIES MILK - Variety	Mar - 23 ***CHOOSE ONE ENTRE*** CORN DOGS UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola SALAD PLATE -ASST. *** WITH ALL MEALS*** STEAMED BROCCOLI PEACHES,DICED,FROZ MILK - Variety	Mar - 24 ***CHOOSE ONE ENTRE*** WALKING TACO w/lettuce, tomatoes UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** SEASONED GREEN BEANS CHILLED PEARS MILK - Variety	Mar - 25 ***CHOOSE ONE ENTRE*** POPCORN CHICKEN UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola SALAD PLATE -ASST. *** WITH ALL MEALS*** FLUFFY MASHED POTATOES CHILLED APPLESAUCE MILK - Variety	Mar - 26 ***CHOOSE ONE ENTRE*** QUESADILLA UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** SWEET CORN CHILLED MIXED FRUIT MILK - Variety
Mar - 29 ***CHOOSE ONE ENTRE*** CRISPY CHICKEN TENDERS WARM DINNER ROLL UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola SALAD PLATE -ASST. *** WITH ALL MEALS*** OVEN FRIES CHILLED APPLESAUCE MILK - Variety	Mar - 30 ***CHOOSE ONE ENTRE*** TOASTED CHEESE UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** TOMATO SOUP BABY CARROTS w/dip CHILLED PEACHES MILK - Variety	Mar - 31 ***CHOOSE ONE ENTRE*** HOT DOG ON A BUN UNCRUSTABLE PB & J TURKEY / CHEESE SANDWICH HAM / CHEESE SANDWICH YOGURT w/granola TURKEY OR HAM SALAD *** WITH ALL MEALS*** TEXAS BAKED BEANS CHILLED PEACHES MILK - Variety		

MENU SUBJECT TO CHANGE WITHOUT NOTICE.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

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